

XIII ESH International Congress

October 21-25

Hilton Sorrento Palace

Sorrento – Italy

EUROPEAN SOCIETY OF HYPNOSIS (ESH)

in collaboration with the **ITALIAN SOCIETY OF HYPNOSIS (SII)**

HYPNOSIS AND RESILIENCE **From Trauma and Stress to Resources and Healing**

FINAL PROGRAM

WEDNESDAY, October 22

9.00-14.00 REGISTRATION

14.00-14.15 OPENING CEREMONY

14.15-15.45 KEYNOTES

14.15-15.00 KEYNOTE OPENING

K1. Nicole Ruysschaert (Antwerp, Belgium)

From empathy to compassion fatigue. How can health care practitioners develop resilience and keep their positive engagement?

15.00-15.45 KEYNOTE

K2. Michael Yapko (Fallbrook, CA, USA)

Global Cognition and Mental Health: The Therapeutic Merits of Concreteness and Specificity in Applied Hypnosis

15.45-17.00 INVITED ADDRESSES

15.45-17.00 1.INVITED ADDRESSES: Creativity and Research

15.45-IA1. Peter B. Bloom (Philadelphia, PA, USA)

Cultivating creativity in the therapist

16.15-IA2. Giuseppe De Benedittis (Milan, Italy)

Challenging Intolerable, Refractory Widespread Pain: what we have learned from Hypnosis in Fibromyalgia Patients

16.45 - Discussion

15.45-17.00 2.INVITED ADDRESSES: Resilience

15.45-IA3. Consuelo Casula (Milan, Italy)

The Hypnotic Approach based on Resilience

16.15-IA4. Maggie Philips (Oakland, Ca, USA)

Exploring Deep Wells of Resiliency with Hypnosis, Ego-State Therapy, and Somatic Experiencing

16.45-Discussion

15.45-17.00 3.INVITED ADDRESSES Special Perspectives

15.45-IA5. **Carol Kershaw and Bill Wade** (Houston, Texas)

The Possible Life: Hypnosis and The Quantum Self

16.15-IA6. **Gaby Golan** (Ramat Efal, Israel)

"Doctor, are you going to hypnotize me like in the movies?" Hypnosis in Movies

16.45 - Discussion

17.00 – 19.00 1.INVITED WORKSHOPS

Éva Bányai (Budapest, Hungary)

The use of hypnosis and suggestive techniques to mobilize inner resources of cancer patients

Jeffrey K. Zeig (Phoenix, AZ, USA)

Advanced Techniques of Psychotherapy: Resilience, an experiential approach

Bernhard Trenkle (Rottweil, Germany)

Self hypnosis and hypnosis in the treatment of anxiety and phobias

Shaul Livnay (Tel Aviv, Israel), **Yossi Adir** (Tel Aviv, Israel)

Hypno-music: Non-verbal strategies & approaches to the enhancement of hypnotic effects in working with clients.

Daniel P. Kohen (Minnetonka, MN, USA)

Hypnosis for Headaches: Working with Children and Adolescents – Outcome data and Effective Clinical Approaches

Frank Garden-Breche (Saint Malo, France), **Stephanie Desanneaux-Guillou** (Lamballe, France) *Hypnosis and use of the parallel universes in therapy*

Carol Kershaw and Bill Wade (Houston, Texas)

From Trauma to Thriving: Deep State Hypnosis and Neuroscience for Healing

Gaby Golan (Ramat Efal, Israel)

The art of hypnosis: Principles of tailoring hypnosis to each specific patient

17.00-19.00 1.WORKSHOPS

Helen Adrienne (New York, USA)

Resilience: The "Seed" of Possibility for the Infertile Patient

19.30 Welcome Cocktail with Music: Artis Domus Sorrento

THURSDAY, October 23

8.00-9.15 PRESENTATIONS (30min.)

PRESENTATIONS: Living Transitions

Susy Signer-Fisher (Basel, Svizzera)

Live transitions Hypnosis and Hypnotherapeutic Methods

Brigitte Stubner (Rome, Italy)

How can trees fly. Stories of migration and identities: the use of Ericksonian Hypnosis in developing skill for moving and arriving.

Discussion

PRESENTATIONS: Anxiety

Thierry Servillat, Elise Lelarge (Nantes, France)

Healing, not traumatizing. Strategic hypnosis in the treatment of anxiety disorders

Vladislav E. Kuznetsov (Moscow, Russia)

Universal hypnotherapy and mindfulness concept in therapy of anxiety disorders

Discussion

PRESENTATIONS: Body and Brain

PR5. Gunnar Rosen (Oslo, Norway)

Phantom Limb Pain and Hypnosis. What happens in the body and brain. What is the role of mirror- and spiderneurons.

PR6. Manuela M. Pfeffer, Andrea Paletta (Graz, Austria)

Unconscious time-experience: Body movement analysis with burnout-patients.

Discussion

PRESENTATIONS Mind-Body Hypnotherapy

PR9. Juan Manuel Badosa, Agustí Camino, Guillem Feixas, Alexandre Gironell, Roser Ribosa-Nogué, Aïna Ripol, Albert Roig (Barcelona, Spain)

Ultra-Brief Hypnosis in Conversion Disorder (CD) Treatment. Lorigo's model.

PR10. Flavio G. Di Leone (Rome, Italy)

Evidence based hypnotherapy for Psychogenic Non-Epileptic Seizures (PNES).

Discussion

PRESENTATIONS: Helping Relationships

PR7. Patrizia Moselli (Rome, Italy)

The evolution of Bioenergetic Analysis: by expressive therapy to somatic relational approach

PR8. Stefan Hammel (Kaiserslautern, Germany)

The last 24 Hours of Life – How we can Help Patients to Die in Peace?

Discussion

PRESENTATIONS: Hypnosis in Crisis Situations

PR11. Mary Ann Santoro Bellini (Firenze, Italy)

Students and mental wellness: hypnosis in crisis situation

PR12. Maria Cristina Perica (Aprilia, Italy)

The taste of change: Ericksonian hypnosis tools for the individual development in the global crisis

Discussion

PRESENTATIONS: Posthypnotic Amnesia and Age Regression

PR13. Michael Schekter and Martine Oswald (Lausanne, Switzerland)

Positive change and the building of new resources through age regression hypnosis

PR14. Paola Micco, Antonella Ciaramella (Pisa, Italy)

Memory of trauma in chronic pain patient: posthypnotic amnesia vs direct forgetting paradigm to investigate autobiographical memory.

Discussion

PRESENTATIONS: Hypnosis and Dermatology

PR15. András Kolto (Budapest, Hungary)

Hypnosis in Psychodermatology

PR16. Hakan Vulkan (Ankara, Turkey)

Trauma-stress-dermatological diseases and hypnotherapy

Discussion

PRESENTATIONS: The Therapist Self

PR17. Heleen Malherbe (Lincoln, UK)

The Therapeutic Self in Ego State Therapy

PR18. Antonella Monini (Rome, Italy)

*Therapist on Stage®: How To Activate Embodied Resources Through Acting Techniques.
Therapist as Improv Actor?*

Discussion

10.PRESENTATIONS: Models of Resilience

PR19. Eric Cristante (Soissons, France)

And if Resilience was the Solution to Unlearn All the Bad Previous Habits?

PR20. Greta Ross (Canterbury, UK)

Models of resilience- the Poetic Force

Discussion

9.15-10.00 KEYNOTE ADDRESS

K3. Jeffrey K. Zeig (Phoenix, AZ, USA)

Advanced Techniques of Hypnosis: The Symbolic Use of Hypnotic Phenomena

10.00-10.45 INVITED LECTURE

IL1. Bernhard Trenkle (Rottweil, Germany)

Pattern Disruption Techniques in Ericksonian Hypnotherapy

11.00-13.00 2.INVITED WORKSHOPS

Michael Yapko (Fallbrook, CA, USA)

How Expectancy Shapes Treatment Response to Interventions for Depression

Nicole Ruysschaert (Antwerp, Belgium)

Resilience in the prevention and therapy of Burnout

Camillo Lorio (Rome, Italy)

Resource Based Family Therapy: Using Naturalistic Hypnosis with Families

Matthias Mende (Salzburg, Austria)

Hypnotherapeutic approaches for trauma confrontation

Woltemade Hartman (Pretoria, South Africa)

Diamonds in the rough: polish your pride with unrecognized resourceful ego states

Linda Thomson (Ludlow, VT, USA)

What's a Meta - For? Functional Disorders in Children and Adults

Brian Allen (Perth, Australia)

Understanding Dreams

Susanna Carolusson (Goteborg, Sweden)

Brain Trauma and PTSD, through darkness and light

Norma and Philip Barretta (Lomita, CA, USA)

If any therapeutic technique needs a touch of creativity, it is Hypnosis.

11.00-13.00 2.WORKSHOPS

Eva Pollani (Terniz, Austria)

Unitedly Prepared: Effective Ego State Work with Pregnant Women

13.00-14.00 LUNCH BREAK

14.00-15.00 PAPERS

HYPNOSIS: STATE AND EXPERIENCE

Peter Naish (Milton Keynes, UK)

How to be Hypnotized - To Inhibit or Disinhibit?

Nina Asplin (Stockholm, Sweden), **Gunnar Rosén** (Oslo, Norway)

State Dependent Communication, Hypnosis and Resilience

ERICKSONIAN APPROACHES

Joerg Albers (Augustenborg, Denmark)

Essential Cue Dismantling (ECD) meets Prolonged Exposure. How to extinguish hazardous craving by systematically utilizing Ericksonian therapy in behavioral procedures. – six levels of resilience

Beatriz Suarez-Buratti (Madrid, Spain)

Embodied language and Ericksonian conversation

HYPNOSIS IN DIFFERENT SETTINGS

Irene Shestopal (Oslo, Norway)

Hypnotherapy for anxiety in private practice: Scl-90 results and case description

Alessandro Fedi (Firenze, Italy)

The hypnotic setting in the dental studio

CLINICAL CASE STUDIES

Sofia Strand (Romelanda, Sweden)

Psychosis, dissociation, trauma and attachment – a case study

Danuta Marciniak-Maciejowska (Miedzyrzecz, Poland)

"I choose myself whom I talk to..."

WAYS TO CURE THROUGH HYPNOSIS

Mitja Perat (Ljubljana, Slovenia)

Embodied resiliency; anthropopsyoecological wing chun system model based clinical hypnosis as a facilitator of epigenetic change

Cuneyt Tugrul, Sinan Guzel (Izmir, Turkey)

4M (Magic Metaphors for the Magnificent Mind)

SELF-IMAGE AND SELF-ESTEEM

Elena Carolina Rossi (Castel San Giovanni, Piacenza, Italy) and **Federica Tagliati** (Villafranca di Verona, Italy)

From body to soul: the rebirth of self-esteem in wounded women

Emilio Gerboni (Bologna, Italy)

Working with the adult self-image to empower patient's resilience

IL CONTESTO DELLA RESILIENZA

Maria Antognozzi (Fermo, Italy), **Paola Ferreli** (Ogliastro, Italy), **Ilaria Genovesi** (Pisa, Italy)
La cura del Caregiver e la resilienza (in Italian)

Ilaria Genovesi, Maria Antognozzi, Luca Bidogia, Giulia Liperini, Gaetano Pratino (Pisa, Italy)

La resilienza nell'anziano (in Italian)

AUTOIPNOSI

Stefano Gagliardi (Roma, Italy) (in Italian)

Tecniche di autoipnosi sulla comoda poltrona del dentista: stimolare la resilienza del paziente

Stefano Gagliardi (Rome, Italy) (in Italian)

Il linguaggio della resilienza: una forma efficace di auto-ipnosi

RESILIENZA COME RISORSA E COME TECNICA

Manuela Violani (Roma, Italy)

Ipnosi e "Situational Awareness". La resilienza come risorsa nell'esercizio delle professioni che gestiscono situazioni di anormalità ed emergenza (in Italian).

Federica Volpi e Nicolino Rago (Orvieto, Italy)

Il futuro è una memoria: lo pseudo-orientamento nel tempo come tecnica per stimolare la resilienza (in Italian)

PIERRE JANET E MILTON ERICKSON

P19. Giuseppina Guida (Rome, Italy)

Pierre Janet: padre (misconosciuto) dell'ipnosi (in Italian)

P20. Matteo Paganelli (Italy)

Resilienza e ipnosi ericksoniana in terapia: come rendere ogni paziente il "common everyday... Milton Erickson"? (in Italian)

15.15-16.30 INVITED ADDRESSES

15.15-16.30 4.INVITED ADDRESSES: Enhancing Efficacy

15.15 - IA7. Julie H. Linden (Philadelphia, PA, USA)

Pathways to resilience- leading and fostering an hypnotic mindset in health

15.45 - IA8. Mark P. Jensen (Seattle, WA, USA) and **Tiara M. Dillworth, Dawn M. Ehde, Christina L. Garcia, Holly R. George, Kevin J. Gertz, Linea E. Johnson, Ivan R. Molton, David R. Patterson, M. Elena Mendoza**

Hypnosis enhances the efficacy of cognitive therapy for reducing pain interference and depression in individuals with disabilities and chronic pain

16.15 – Discussion

15.15-16.30 5.INVITED ADDRESSES: Self-Hypnosis and Pain Treatments

15.15 - **IA9. Daniel P. Kohen** (Minnetonka, MN, USA)

Successful Application of Self-Hypnosis Training for Adolescent Chronic Daily Headache

15.45 - **IA10. Jeffrey E. Lazarus** (Menlo Park, CA, USA)

Treatment of Irritable Bowel Syndrome and Functional Abdominal Pain with Training in Self-Hypnosis

16.15 – Discussion

15.15-16.15 6.INVITED ADDRESSES: Hypnosis with Children

15.15 - **IA13. Susy Signer-Fisher** (Basel, Svizzera)

Self Parenting Hypnosis and hypnotherapeutic methods

15.45 - **IA14. Linda Thomson** (Ludlow, VT, USA)

The Power of Words

16.15 – Discussion

16.45-18.45 3.INVITED WORKSHOPS

Julie H. Linden (Philadelphia, PA, USA)

Treating Trauma in Children and Developing Resiliency

Consuelo Casula (Milan, Italy)

Seven Steps to Bounce back Stronger than Before

Peter B. Bloom (Philadelphia, PA, USA)

Enhancing the art of therapy

Betty Alice Erickson (Dallas, TX, USA)

The Essence of Non-Directive Hypnosis

Giuseppe De Benedittis (Milan, Italy)

Hypnosis, Fibromyalgia and Post-Traumatic Stress Disorder: The Missing Link?

16.45-18.45 2.WORKSHOPS

Montserrat Gibernau & Agustin Camino (Barcelona, Spain)

How to Think as A Brief Therapist with An Ericksonian Approach

Ali Ozden Ozturk (Istanbul, Turkey)

"AUCH" Hypnosis and Surgery: resilience and how to overcome stress in a breast cancer operation, relief created by hypnoanesthesia

Pamela Kaiser (Menlo Park, CA, USA)

Children vulnerable to stress & anxiety: identifying individualized risk profiles and hypnosis themes

16.45-18.45 SYMPOSIA

16.45-18.45 1.SYMPOSIUM

THE ROLE OF HYPNOSIS IN MOBILISING HIDDEN RESOURCES OF BREAST CANCER PATIENTS.

Bányai, É.I., Horváth, Zs., Jakubovits, E., Vargay, A., Márián, R., Zsigmond, O.:

A randomized prospective outcome study.

Márián, R., Németh, G., Tisza, K., Banyai, É.I.:

Changes in the quality of life

Vargay, A., Pólya, T., Zsigmond, O., Bányai, É.I.:

Changes in the psychological immune competence and subjective experiences.

Jakubovits, E., Horváth, Zs., Vogl, K., Pállinger, É., Papp, Á., Kun, M., Bányai, É.I.:

Changes in the immune functions, physiological indices, and vomiting in the course of chemotherapy.

Józsa, E., Tisza, K., Márián, R., Vargay, A., Jakubovits, E., Bányai, É. I.:

Hypnotic susceptibility as a moderating variable.

16.45-18.45 2. SYMPOSIUM and MAIN PRESENTATIONS

THE ROLE OF TIME AND ACTION

Martin Wall (Bridgwater, UK)

A Dance to the Music of Time

Patrick Bellet (Vaison La Romaine, France)

PTSD, time and action. From Immobility to the Resilience by techniques about time and action in the case of the flooding of Vaison La Romaine

Krzysztof Klajs (Lodz, Poland)

Family, time and resilience

Discussion

19.00-21.00 3. WORKSHOPS

Betty Blue (City of Cypress, Ca, USA)

Illuminating Resilient Responses to Grief and Trauma by Turning on the "Trance-sending" Light of Playfulness

Bruno Dubos (Rennes, France)

Body oriented hypnosis: another way to create hypnotic state and mobilize patient resources in chronic disorders

Renzo Balugani (Savona, Italia) e **Michele Vanzini** (Modena, Italia)

Earthquake: at the heart of the art of caring

Cecilia García Barrios (Mexico City, Mexico)

Ericksonian techniques for eliciting resilience in people suffering discrimination

Claudia Weinspach (Munster, Germany)

Healing With Ceremony: Connecting Hypno-Systemic Approaches With Native American Concepts

Stefanie Badenhorst (Strand, South Africa)

Resolving childhood trauma to facilitate healing

Enayatollah Shahidi (Tehran, Iran)

Hypnotherapy of the Traumatized Patient

Tobi B. Goldfus (New York, NY, USA)

Using clinical hypnosis as the 'search engine'. For adolescents and young adults lost in cyberspace

Jenny Da Silva (Johannesburg, South Africa)

The Circle of Life: An Ericksonian and ego-state intervention strategy to help children process grief

19.00-21.00 - 2. SEMINARS

SEMINAR S1. Susan Pinco (New York, USA)

19.00-21.00 ESH COR Meeting

21.30 Social Event:

FISH DINNER ON THE SEA WITH MUSIC: RESTAURANT "ZI 'NTONIO" (Marina Piccola)

FRIDAY, October 24

8.00-9.15 PRESENTATIONS

10. PRESENTATIONS: **The Essence of Ericksonian Approaches**

PR19. Renzo Balugani (Savona, Italia)

Naturalism: resilience in real life

PR20. Fabio Carnevale (Rome, Italy)

"The Erickson boson" - The elementary particle of the Hypnotic Psychotherapy

11. PRESENTATIONS: **Mind-Body Healing**

PR21. Eliane Corrin (Paris, France)

A body that knows how to heal

PR22. Regula Doggweiler (Zürich, Switzerland)

Mind-body Skills Groups to deal with stress

12. PRESENTATIONS **Hypnosis and Childbirth**

PR23. Véronique Waisblat, Franck Bernard, Bryan Langholz, Gilles Dhonneur (Torcy, France)

Effects of hypnosis applied to parturients during labor

PR24. Lara Ballardita, Silvia Giacosa, Costanza Licari (Milan, Italy)

The hypnotic for childbirth as a real psychotherapeutic process

13. PRESENTATIONS: **Resilience and Anxiety**

PR25. Rashit Tukaev (Moscow, Russia)

Hypnotherapy of Anxious Disorders; The Way From Resourcefulness To Resilience

PR26. Valeria Savoja (Rome, Italy) **Stefano Sbarra** (Viterbo, Italy)

Does ericksonian psychotherapy really improve resilience? A clinical study on hypnotherapy of anxiety disorders

14. PRESENTATIONS: **La Storia e le Storie**

PR27. Valter Santilli (Rome, Italy)

Il Trauma e la Dissociazione, tra memoria e oblio: la storia di Mara (in Italian)

PR28. Maria Laura Fasciana (Rome, Italy)

Il gatto liquido ed altre storie per crescere: come risolvere il disagio infantile aiutando i bambini ad aiutare se stessi (in Italian)

15. PRESENTATIONS: **Understanding Resilience**

PR29. Udi Bonshtein (Gilon, Israel)

Theory of mind as a neurological basis of hypnosis

PR30. Antonio Restori (Parma, Italy), **Ksenija Stojic** (Parma, Italy)

Resilience embodiment: intersubjectivity of resilience in the therapeutic relationship

16. PRESENTATIONS **Resilience in Clinical Settings**

PR31. Marguerite De Vasselot (France)

I 7 livelli di lavoro nell'ipnosi per accedere alla resilienza (in Italian)

PR32. Simona Apolito (Viterbo, Italy)

La resilienza nel paziente oncologico: un modello di relazione ipnotica che stimola le risorse dell'individuo (in Italian).

17. PRESENTATIONS: **Case Reports**

PR33. Lucia Latte, Francesco Cattari, Salvatore Pala, Pietro Mazza (Sassari, Italy)

Hypnotic treatment in ALS patient: a case report

PR34. Marialuisa Malafonte (Sorrento, Italy)

Current use of Ericksonian hypnosis in anesthesia and intensive care practice: case reports

18. PRESENTATIONS: **Special Techniques for Psychotherapy and Resilience**

PR35. José Cava Roda (Pozuelo de Alarcon, Spain)

HVR Biofeedback in Psychotherapy and Hypnosis

PR36. Liana Orin Soffer (Petah Tikva, Israel)

The Mysterious House Technique for Resilience

19. PRESENTATIONS: **Levels of Change in Hypnosis**

PR37. Catherine Leloutre-Guibert (Paris, France)

Hypnosis, Resilience and Change

PR38. Mauro Cozzolino, Giovanna Celia (Salerno, Italy), **Kathryn Rossi, Ernest L. Rossi**

Therapeutic Hypnosis and Psychotherapy Modulate Gene Expression in Human Leukocytes

9.15-10.00 SPECIAL KEYNOTE ADDRESS

K4. Johan Vanderlinden (Leuven, Belgium)

The impact of trauma on mind and body: challenges for the psychotherapeutic approach

10.00-10.45 KEYNOTE ADDRESS

K5. Camillo Loredi (Rome, Italy)

How to survive as a therapist

11.00-13.00 4. INVITED WORKSHOPS

IW1. Danie Beaulieu (Longueuil, QC, Canada)

Impact Therapy: Creative Use of Erickson's Principles

IW2. Claude Viot (Rennes, France)

Trance: a psycho-physiological process, heart of Mind-Body Therapy

IW3. Giorgio Nardone (Arezzo, Italy)

Strategic Construction of Resilience

IW4. Moshe S. Torem (Akron, OH, USA)

Future Focused Strategies Empowering Individual's Resilience

IW5. Johan Vanderlinden (Leuven, Belgium)

The integration of slow breathing and hypnosis in the treatment of Eating Disorders.

IW6. Diane Yapko (Fallbrook, CA, USA)

Working Hypnotically and Strategically with Children to Facilitate Social Language

IW7. Teresa Robles (Mexico City, Mexico)

Utilization of Universal Wisdom for arousing Resilience

IW8. Susy Signer-Fisher (Basel, Switzerland)

The treatment of traumatized children, adolescents and adults. Hypnosis and hypnotherapeutic methods

IW9. Ali Esref Muezzinoglu Cetin E.Kaleli, Husnu Muezzinoglu, Vecihe Muezzinoglu, Burhan Sevsevil, Goksu Trakyali (Istanbul, Turkey)

Dental Cases "A to Z"

IW10. Katalin Varga and Zoltan Kekecs (Budapest, Hungary)

The role of relational factors in oxytocin and cortisol in hypnotic interaction

13.00-14.00 LUNCH BREAK

14.00-15.00 TOPICAL PANELS, DEMOS, VIDEO SESSIONS, SHORT COURSES, DIALOGUES

14.00-15.00 TOPICAL PANELS

TP1. Resilient Women: The Art of Becoming

Consuelo Casula, Julie Linden, Marianne Martin, Henriette Walter, Katalin Varga

TP2. The Self of the Therapist

Richard Miller, Antonella Monini, Helene Malherbe

14.00-15.00 DEMONSTRATIONS

D1. Giorgio Nardone (Arezzo, Italy)

Changing the Past. Brief Strategic Intervention in PTSD

D2. Paul Koeck (Antwerpen, Belgium)

Hypnotic Scaling to build the Resilience to resolve Anxiety, Depression, or Trauma

D3. David Aftergood (White Plains, NY, USA)

The Sky Meditation: Hypnotic facilitation of a non-judgmental inner witness for anxiety reduction, self-awareness and self-regulation

14.00-15.00 VIDEO SESSIONS

VS1. Montserrat Gibernau & Agustin Camino (Barcelona, Spain)

Videosession: Ericksonian hypnosis and family therapy: A triangular paralysis

14.00-15.00 DIALOGUE

DLG1. Anna Teresa Giallonardo, Flavio G. Di Leone (Rome, Italy)

14.00-15.00 SHORT COURSES

SC1. Sylvie Goldman, Judith Heyd, David Joel (Bar Giora, Israel)

Multiple voice hypnosis – bipnosis & tripnosis

SC2 Stefan Hammel (Kaiserslautern, Germany)

Hypnotherapeutic Storytelling in Traumatherapy. How to Utilize the Client's own Metaphors for overcoming Trauma/PTSD

SC3. Brigitta Loretan-Meier (Zurich, Switzerland)

Head or Belly..., who is the Boss in the Mind-Body connection? Creative dealing with Irritable Bowel Syndrome (IBS)

15.15-16.00 KEYNOTE ADDRESS

K6. Julie H. Linden (Philadelphia, PA, USA)

Incorporating Hypnosis into Psychotherapy with Children and Adolescents to Promote Resilience

16.00-16.45 INVITED LECTURE

IL2. Claude Virost (Rennes, France)

Some secrets of Erickson

17.00-19.00 SYMPOSIA and MAIN PRESENTATIONS

3. SPECIAL SYMPOSIUM

SYMPOSIUM ECH HOLDERS

17.00-18.00 SPECIAL LECTURE

Peter Naish (Milton Keynes, UK)

How does Hypnosis Heal?

18.00-19.00 Reception and handing some present to ECH holders

4. SYMPOSIUM - EGO STATE 1

THE FIRST JOHN AND HELEN WATKINS

MEMORIAL LECTURE ON EGO STATE THERAPY

Chair: Woltemade Hartman (Pretoria, South Africa)

Woltemade Hartman (Pretoria, South Africa)

The treatment of a sleeping disorder with Ego State Therapy

Maggie Phillips (Oakland, Ca, USA)

How to expand resilience and self-integration through the use of center core phenomena in Ego State Therapy

Silvia Zanotta (Zurich, Svizzera)

Ego State Therapy as intervention strategy for children and adolescents

5. SYMPOSIUM and MAIN PRESENTATIONS

RESEARCH STUDIES

MP1. Moshe S. Torem (Akron, OH, USA)

Hypnosis and Resilience with Autoimmune Disorders

MP2. Éva Bányai , Andras Kolto, Katalin Varga (Budapest, Hungary)

Alexithymia and hypnotic susceptibility

MP3. Enayatollah Shahidi, Masoud Nosrat Abadi, Zahra Ofoghi, Sahar Azarang (Tehran, Iran)

Brain Activity during Hypnotic state: A Quantitative Electroencephalographic (QEEG) Study
Discussion

6. SYMPOSIUM and MAIN PRESENTATIONS

ENANCING RESILIENCE AND BUILDING POSITIVE EXPECTANCY

MP4. Pamela Kaiser (Menlo Park, CA, USA)

Childhood stress: hypnosis strategies to build positive expectancy

MP5. John D. Lentz (Shepherdsville, USA)

Enhancing Resilience in You and the Borderline You are Treating or the Family Member of a Borderline

MP6. Neil Fiore (Albany, CA, USA)

Speaking to your ego from your Strongest Self (Resilience and Ego States)

Discussion

7. SYMPOSIUM and MAIN PRESENTATIONS

NUOVE FRONTIERE PER LA PSICOTERAPIA

MP7. Alessandra Gandolfi e Rolando Weilbacher (Milan, Italy)

Ipnosi e la Sindrome della solitudine (in Italian)

MP8. Piero Petrini (Rome, Italy) (in Italian)

Trauma e Neglect all'origine del funzionamento Borderline

MP9. Pascale Chami (Paris, France) (in Italian)

I fattori della resilienza spontanea: un'abilità naturale. Quali contributi per l'ipnoterapia ?

Discussion

8. SYMPOSIUM and MAIN PRESENTATIONS

PAIN

MP10. Jean Marc Benhaïem (Paris, France)

Dissociations in Chronic Pain – The Hypnosis Effects on Corporeal Dissociations

MP11. Jeffrey E. Lazarus (Menlo Park, USA)

Self-Hypnosis in the treatment of headaches, including migraine

MP12. Edwin K. Yager (San Diego, CA, USA)

Chronic pain: psychogenic roots and psychological treatment

Discussion

9. SYMPOSIUM and MAIN PRESENTATIONS

INDIVIDUAL, FAMILIES AND COUPLES

MP13. Edita Ruzgyte (Fort Worth, TX, USA)

Working with couples' resilience – using trance to enhance intimacy

MP14. Jacinto Inbar (Jerusalem, Israel)

Cognitive Hypnotherapy as an Integrated Strengths Based Approach to the Development of Resilience, Growth, Flourishing, Well Being and Emotion Regulation in Individuals and Couples

MP15. Antonella Bianchi di Castelbianco

Playing with Parents - Helping parents to utilize their creativity and inner resources to help their children

Discussion

10. SYMPOSIUM and MAIN PRESENTATIONS

HYPNOSIS IN DENTISTRY

MP16. Edoardo Casiglia, Enrico Facco, Gastone Zanette (Padova, Italy)

Resilience in dentistry: overcoming gag reflex through hypnosis

MP17. Nir Uziel and Evelyn Wechsler (Tel Aviv, Israel)

I love my dentist because he/she uses hypnosis

MP21. Michael Gow (Glasgow, UK)

Hypnosis in managing bruxism (teeth grinding/clenching)

Discussion

17.00-19.00 2.SEMINARS

SEMINAR S2. Eva Pollani (Terniz, Austria)

Come as you are - Rebooting sexuality after addiction

19.00-21.00 5.WORKSHOPS

W1. JBC Mertens (Sneek, Netherlands) and **H.A.A. de Berk** (Enschede, Netherlands)

Guilt and the inner judge metaphor technique

W2. Rich Miller (Boston, MA, USA)

Clinical Hypnosis with Gay Men: Optimizing the Impact of Psychotherapy

W3. Michele Modenese (Verona, Italia)

Hypnosis and resilience in sports injuries

W4. Gudrun & Albrecht Schmierer (Stuttgart, Germany)

30 years of double induction

W5. E. Cetin Kaleli, Ali Esref Muezzinoglu, Husnu Muezzinoglu, Vecihe Muezzinoglu, Burhan Sevsevil (Istanbul, Turkey)

Application of Hypnosis on psychologic and psychiatric cases

W6. Shaul Navon (Tel Aviv, Israel)

Obesity: how hypnotherapy can help?

W7. Peter Richard-Herbert (Sydney, Australia)

Metaphoric Symbolized Imagery (MSI)TM : Building Resilience

W8. Regina Hunter (Schaffhausen, Svizzera)

School success - another term for resilience

W9. Emanuele Del Castello (Capua, Italy)

The hypnotic trance: a secure place. Hypnotic techniques to coping with past, present and future traumas.

W10. Joseph Meyerson (Kfar Yona, Israel)

Premeditatedly Induced Dissociation as a Therapeutic Resource in Hypnotic Psychotherapy and EST

21.30 Social Event:

GALA DINNER: RESTAURANT "O' PARRUCCHIANO"

SATURDAY, October 25

8.00-9.15 PRESENTATIONS

20. PRESENTATIONS: Hypnosis in Medical Settings

PR39. Adrienn K. Szilágyi, Csaba Diószeghy, Zsófia László, Katalin Varga (Budapest, Hungary)

Healing Effects of Positive Suggestions with Ventilated Patients

PR40. Giuseppe Ipparelli, Emanuele Del Castello, Mario De Marco, Giuseppe De Pace, Giovanni Gentile, Simonetta Ferrante (Naples, Italy)

Procedural hypnosis as a training resilience after bronchoscopy and other medical interventions

Discussion

21. PRESENTATIONS: Terapeuti e Metodi

PR41. Mario Marazzi (Rome, Italy)

Il terapeuta imperfetto (in Italian)

PR42. Claudio Mammini (Rome, Italy)

Sul metodo dell'ipnosi (in Italian)

Discussione

22. PRESENTATIONS: Hypnosis and Cancer

PR43. Maria Escalante De Smith (Cedar Rapids, Iowa, USA)

Using Ericksonian techniques to develop resilience and access resources in children sick with cancer

PR44. Maria Teresa Corsetti (Genova, Italy)

Hypnosis and life-coaching for cancer survivors.

23. PRESENTATIONS: Music, Sound and Silence,

PR45. Isabelle Prevot-Stimec, Bernadette Audrain Servillat (Nantes, France)

Music as a help for resilience: create the soundtrack of our life.

PR46. Emanuele Mazzone (Rome, Italy), **Daniele Delfino** (Florence, Italy), **Fabio Glielmi** (Rome, Italy), **Giorgia Z. Puntaroni** (Rome, Italy)

Sound, silence and movement: the analogical access to individual's resources.

24. PRESENTATIONS: Resilience and Lightness

PR47. Daniela Poggiolini (Bari, Italia)

Hypnosis, way for lightness of being: how to learn the attitude of Resilience (Italian/English)

PR48. Olivier Prian (Guichen, France)

A balloon to rebound

Discussion

25. PRESENTATIONS: Medical Applications for Hypnosis

PR49. Shaul Navon (Tel Aviv, Israel)

The Illness/Non Illness Model: Hypnotherapy for Physically Ill patients

PR50. Tania Mahler, M. Scaillon, Y. Vandenplas (Brussels, Belgium)

Treatment of patient with supragastric belching, a patient with rumination and a patient with cyclic vomiting: 3 paediatric cases treated with hypnotherapy

Discussion

26. PRESENTATIONS: Hypnosis, Surgery and Medical Rehabilitation

PR51. Neil Fiore (Albany, CA, USA)

From Worry to Wonder: Reducing Stress Before and After Surgery (Stress Related to Surgery)

PR52. Réka Papi, Adrienn K. Szilágyi, Anna Verseghi

Long lasting care – The usage of positive suggestions in medical rehabilitation

Discussion

8.00-9.15 POSTER DISCUSSION

PT1. Cuneyt Tugrul, Sinan Guzel (Izmir, Turkey)

Long term results of Breast Cancer Patients , and their better life expectancy . (power of Hypnosis)

PT2. Nadine Memran (Nice, France), **Jean Becchio** (Nice, France)

Hypnosis and palliative medicine at the crossroads of the accompanying, ethical and technical nature

PT3. Zahi Arnon, Asia Brodsky, Ibrahim Matar, Shamuel Attias, Elad Scihff (Haifa, Israel)

Systematic approach to building hypnotic scripts for women about to undergo breast tumor surgery

9.15-10.30 INVITED ADDRESSES

9.15-10.30 8.INVITED ADDRESSES: Hypnosis Past,Present and Future

9.15 IA13. Betty Alice Erickson (Dallas, TX, USA)

Erickson--His work Now and in the Future

9.45 IA14.Bernhard Trenkle (Rottweil, Germany)

Medical Hypnosis: Techniques and Possibilities

10.15 Discussion

9.15-10.30 9.INVITED ADDRESSES: Maltreatment and Neglect

9.15 IA15. Teresa Robles (Mexico City, Mexico)

Working with Health System employees that rescue maltreated, exploited, abused and migrant children

9.45 IA16. Camillo Lorio (Rome, Italy)

Hypnotic treatment of traumatic neglect

10.15 Discussion

9.15-10.30 10.INVITED ADDRESSES: Special Approaches and Strategies

9.15 IA17. Shaul Livnay (Tel Aviv, Israel)

Hypnotic strategies of forming transitional objects as a mean of fostering internalization & self soothing: the application of Zarren's Marble Induction.

9.45 IA18. John D. Lentz (Shepherdsville, KY, USA)

Innovative approaches to Treating Sexual Abuse and innocent Bystanders

10.15 Discussion

10.30-12.00 KEYNOTE ADDRESSES

10.30-11.15 KEYNOTE ADDRESS

K7. Danie Beaulieu (Longueuil, QC, Canada)

When words are not enough

11.15-12.00 KEYNOTE ADDRESS

K8. Consuelo Casula (Milan, Italy)

"La vita è bella" (Life is Beautiful). Ethics and Values in Hypnosis and Resilience

12.00-14.00 SYMPOSIA

10. SYMPOSIUM - Ego State Therapy 2

Chair: Woltemade Hartman (Pretoria, South Africa)

Peter Richard-Herbert (Sydney, Australia)

Retro Ego States and intervention regimens to bring them to normality

Eva Pollani (Terniz, Austria)

"Why don't you see who I am?"

Susanna Carolusson (Goteborg, Sweden)

Ego State and Ericksonian approaches in a case of depression: Dealing with negativism by non-directive hypnosis, ego states and by exploring its functions

11. SYMPOSIUM and MAIN PRESENTATIONS

WAYS TO RESILIENCE

MP22. Enrico Facco (Padova, Italy)

Resilience and liberation from the Ego: a lesson from eastern philosophies

MP23. Susan Pinco (New York, USA)

Mind-Body integration; working in the 4th dimension to enhance resilience and accelerate healing

MP24. Teresa Garcia Sanchez (Madrid, Spain)

How to elicit Resiliency when a Client Suffers an Existential Crisis or the Fear of Afterlife
Discussion

12.00-14.00 5. INVITED WORKSHOPS

IW11. John D. Lentz (Shepherdsville, USA), **Teresa Lloyd** (Louisville, Kentucky, USA) *Enhancing Resilience for Victims of Religious Abuse*

IW12. Jeffrey E. Lazarus (Menlo Park, CA, USA)

Treatment of Tics and Habit Disorders with Training in Self-Hypnosis

IW13. Annamaria Rapone, Wilma Trasarti Sponti (Rome, Italy)

Hypnosis in the elaboration of grief and losses, and for overcoming addictions

12.00-14.00 6. WORKSHOPS

W11. H.A.A. de Berk (Enschede, Netherlands)

Finding a safe place in hypnotherapy

W12. Thierry Servillat, Isabelle Prevot-Stimec (Nantes, France)

Hypnosis that synchronizes

W13. Francine Samak (Nice, France)

Autohypnosis and intuition

14.00-15.00 LUNCH BREAK

15.00-17.00 6.INVITED WORKSHOPS

IW14. Claude Viot (Rennes, France)

Acute or Chronic? How can we choose the best hypnotic tools. From depression to anxiety and pain.

IW15. Silvia Zanotta (Zurich, Svizzera)

Finding inner strength: Hypnosomatic Ego-State Therapy with children and adolescents.

15.00-17.00 7.WORKSHOPS

W14. Rashit Tukaev (Moscow, Russia)

Trigger Mechanisms of Acute Mental Trauma As A Therapeutic Target And Resource

W15. Marie-Jeanne Bremer (Rodange, Lussemburgo)

Hypnotherapeutic techniques in the treatment of schizophrenia

W16. Edwin K. Yager (San Diego, CA, USA)

Subliminal therapy: effecting change

W17. Anke Jorger (Offenburg, Germany)

Resilience starts with us!

W18. Udi Bonshtein (Gilon, Israel)

Hypnosis in martial arts

W19. Gary Bruno Schmid (Zurich, Suisse) and Walter Schweizer (Oberenstringen, Suisse)

Hypnosis methods for the optimization of Self-Efficacy & Resiliency

17.00-18.00 FINAL PANEL

Chair: Nicole Ruysschaert and Consuelo Casula

18.00-18.30 CONCLUSIONS

20.30 Social Event:

**TYPICAL SORRENTO DINNER WITH MUSIC: DONNA SOFIA RESTAURANT
(The Sorrento Sofia Loren Museum Restaurant)**

Organizing Committee:

Mario Marazzi, Flavio Di Leone, Maura Lemmi, Sonia Targa

Scientific Committee:

Nicole Ruysschaert, Consuelo Casula, Bernhard Trenkle, Giuseppe Ducci, Giuseppe De Benedittis, Wilma Trasarti Sponti, Camillo Lorio

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